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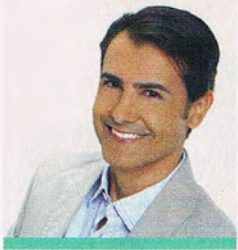
best of
beauty

controla
tu estrés

Lupita
Jones

dreams
come
true

work & life



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 and writer on all things home,
 decor and design.

Creating a space of one's own

One of the many challenges in life is balancing work and home. This can be even more difficult when you actually work from home because there is no separation of work and living spaces. Make a work and life space that you can call your own with these easy ideas.



the secret to creating an environment that actually feels like a haven, whether for work or hobbies, is to incorporate furniture that is stylish, keeps your space organized, and reflects your decorating style. For example, in place of a typical desk you would buy at an office supply store, use a beautiful

console table. You can find unique pieces at antique stores, garage sales or flea markets that, with a little TLC, can become treasured items. **To give a traditional piece a facelift**, paint it a bold color and transform it into a modern statement that reflects your personality! It's fun and it becomes an expression of your creativity.



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creating a space of your own doesn't require that you have a separate room either. If space is limited, a writing desk next to a bed is also a great alternative to a nightstand. A sofa table in the living room can also be a great work surface when necessary. Be inspired by how hotel rooms incorporate different task areas within the same room making it a multi-functional space for the guest.

| **bookcases** | are a good solution to store everything related to work, kids, craft projects and hobbies, and also keep you organized. You can personalize them with wallpaper or paint on the back of the bookcase that faces out for a designer look for less. Avoid the visual clutter that can sometimes happen on the open shelves by using baskets or bins with lids

to store smaller items. Each bin or decorative box can be labeled, so you know exactly what is in there at a glance. Use the shelves to not only display books, but also decorative accessories and photos that mean something to you.

Ideally, a nook or corner in your home is all you need to reconnect with what makes you most happy. This can also happen simply with a comfy chair, throw and small accent table with lamp to cozy up in and read a good book in your bedroom. Make it a priority to schedule time for yourself to do the things you love, and surround yourself with the things that make you feel special during work and pastimes. Keeping these tips in mind will help you decorate your own space, so it becomes a reflection of the person that lives there.