

transfórmate en una

## yummy mami

platos ideales para tus pequeños

the

maria celeste principles priorities

Twitter.com/Vistamag

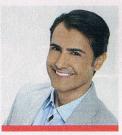
Facebook.com/VistaMagazine VistaMagazine.com

Wissue J



## room to grow





Update the look of your child's bedroom to a versatile style that will work well into their teen years.



color I The most immediate and inexpensive change you can make to a child's room is to give it a new coat of paint. Stay away from pastels, which can remind you of a nursery or a young child's space, and go for vibrant, modern colors such as turquoise, lime, purple and orange. Remember that accent walls can infuse style and color in a room, so even if you only paint one wall, it will make a big difference. How about the wall behind the bed? Make it a focal point and consider painting vertical or horizontal stripes for a graphic element that's a little cool and grown-up.

small bedrooms | It's important to choose furniture on a smaller scale and that also provides storage. Platform beds, for instance, have drawers along the bottom

that can take the place of a dresser. Some styles even allow the mattress to lift on a hydraulic system giving you a lot more storage underneath. The less furniture you have in a small bedroom, the bigger it will appear. For example, consider combining two pieces in one by using a desk as a nightstand. Some styles integrate modular shelving units, so you can achieve the look of a custom built-in shelf and make your wall space useful. You can also free up valuable floor space in the middle of the room by placing the bed up against the wall. This creates the look of a mini-studio apartment, because the daybed can also function as a sofa with lots of fun pillows. The result is a fun environment for your kids to hang out with their friends. They'll be excited about their grown-up space!





I the bedroom's decor I The decor should reflect your child's personality. And, you know they will want the latest trends, just like they do with clothes and gadgets, right? Well, there are ways to add stylish touches without spending too much. Monograms are a designer trend that can turn an ordinary item into something special. Find them on anything from picture frames to throw pillows. The easiest way to achieve that look for less is to use a stencil you can buy at any craft store along with fabric paint. You can even save money by making your own stencil at home with your computer ... just enlarge the font size of the letters and once you print it out, cut out the out-

line. You can even paint an entire monogrammed wall, the effect will mimic the look of cool wallpaper.

keep them organized Lastly, provide them with a place for everything such as floating shelves for their books and trophies, painted corkboards to display photos, diplomas and ribbons, and wall hooks to hang their book bags and sports equipment. These items can actually be used as part of the room's décor, too! Remember to involve your kids in the decorating process. This will give them the opportunity to take pride in their bedroom, which will motivate them to keep it neat – every parent's dream!